

**Monday**

6.00am – 7.00am	Lane Swimming
7.00am – 8.00am	Lane Swimming
8.00am – 9.00am	Lane Swimming
9.00am – 9.45am	Lane Swimming
10.00am – 11.00am	Ladies Just Swim
11.00am – 12.00pm	Ladies Just Swim
12.15pm – 1.00pm	Lane Swimming
1.00pm – 2.00pm	Lane Swimming
2.00pm – 3.00pm	Lane Swimming
3.00pm – 3.55pm	Lane Swimming
4.00pm – 5.30pm	Learn to Swim
4.00pm – 5.00pm	Just Swim
6.15pm – 7.00pm	Lane Swimming
7.00pm – 8.00pm	Just Swim
8.00pm – 9.00pm	Just Swim
9.00pm – 10.00pm	Lane Swimming

**Tuesday**

6.00am – 7.00am	Lane Swimming
7.00am – 8.00am	Lane Swimming
8.00am – 9.00am	Lane Swimming
11.00am – 11.55am	Just Swim
12.00pm – 1.00pm	Lane Swimming
1.00pm – 2.00pm	Lane Swimming
2.00pm – 3.00pm	Lane Swimming
3.00pm – 4.00pm	Lane Swimming
4.00pm – 6.15pm	Learn to Swim
6.15pm- 7.00pm	Lane Swimming
7.00pm – 8.00pm	Lane Swimming
8.00pm – 9.00pm	Lane Swimming
9.00pm – 10.00pm	Adult Lane Swimming

**Wednesday**

6.00am – 7.00am	Lane Swimming
7.00am – 8.00am	Lane Swimming
9.00am – 9.55am	Lane Swimming
10.00am – 11.00am	Older Adults Just Swim
11.00am – 11.55am	Just Swim
12.00pm – 1.00pm	Lane Swimming
1.00pm – 2.00pm	Lane Swimming
2.00pm – 3.00pm	Lane Swimming
3.00pm – 3.55pm	Lane Swimming
4.00pm – 6.15pm	Learn to Swim
6.15pm-7.00pm	Lane Swimming
9.00pm-10.00pm	Adult Lane Swimming

**Thursday**

6.00am – 7.00am	Lane Swimming
7.00am – 8.00am	Lane Swimming
8.00am – 9.00am	Lane Swimming
9.00am – 9.55am	Lane Swimming
11.00am – 11.55am	Just Swim
12.00pm – 1.00pm	Lane Swimming
1.00pm – 2.00pm	Lane Swimming
2.00pm – 3.00pm	Lane Swimming
3.00pm – 3.55pm	Lane Swimming
4.00pm – 6.15pm	Learn to Swim
6.15pm – 7.00pm	Lane Swimming
7.00pm – 8.00pm	Lane Swimming
8.00pm-9.00pm	Lane Swimming
9.00pm – 10.00pm	Adult Lane Swimming

**Friday**

6.00am – 7.00am	Lane Swimming
7.00am – 8.00am	Lane Swimming
8.00am – 9.00am	Lane Swimming
9.00am – 9.55am	Lane Swimming
10.00am – 11.00am	Just Swim Older Adults
11.00am – 11.55am	Just Swim
12.00pm – 1.00pm	Lane Swimming
1.00pm – 2.00pm	Lane Swimming
2.00pm – 3.00pm	Lane Swimming
3.00pm – 3.55pm	Lane Swimming
4.00pm – 6.15pm	Learn to Swim
4.00pm – 5.00pm	Just Swim
6.15pm – 7.00pm	Lane Swimming
9.00pm - 10.00pm	Adult Lane Swimming

**Saturday**

8.00am – 11.15am	Learn to Swim
11.15am – 12.15pm	Lane Swimming
12.15pm – 1.15pm	Lane Swimming
3.00pm – 4.00pm	Family Inflatable Fun
4.00pm – 5.00pm	Family Inflatable Fun
5.00pm – 8.00pm	Parties

**Sunday**

8.00am – 8.55am	Lane Swimming
9.00am – 10.00am	Just Swim
10.00am – 11.00am	Family Fun
11.00am – 11.55am	Family Fun
12.00pm – 1.00pm	Lane Swimming
1.00pm – 1.55pm	Lane Swimming
2.00pm – 3.00pm	Family Fun
3.00pm – 4.00pm	Family Fun
4.00pm – 4.55pm	Family Fun
5.00pm – 6.00pm	Lane Swimming
6.00pm – 7.00pm	Lane Swimming