

# Customer Information

Allergen Advice: All our products are prepared in environments that handle allergens. We take every reasonable precaution to reduce the risk of cross-contamination, but we cannot guarantee any product is allergen-free.

Across our estate, we offer a variety of products, including scooped ice cream, coffee made using semi-automatic, automatic, and traditional machines (all of which use milk as standard), and fried items prepared in shared fryers. We take all reasonable steps to reduce the risk of allergen cross-contact and are committed to providing accurate information about our ingredients. However, as we use shared equipment and preparation areas, we cannot guarantee that any product is entirely free from allergens, even if a specific product does not contain a particular allergen. Please speak to a member of staff if you have any concerns or require further information.

The following pages contain essential information to help you make an informed decision about purchasing items from our establishment.

All **unwrapped** food products and drinks prepared in our café or kitchen are included in this information pack. **Pre-packaged** products will show allergen information on their packaging.

Unless otherwise specified, all items are prepared according to standard recipes. If you wish to add extra items, such as toppings or syrups, please refer to the specific product for additional details.

Calorie information is based on an average adult serving size for each dish or drink unless stated otherwise. While this information is accurate at the time of publication, variations in product preparation may affect calorie counts.

Adults need around 2000 kcal a day

Vegan products may not be suitable for persons with allergies.

## Places Leisure Allergens and Calorie Chart - Coffee Shop

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30/01/2026

✓ = Contains / ✓\* = May Contain

Reviewed - December 2025

### Coffee Shop

Coffee Shop	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Teacake</b>																
Teacake (2 x Jam and 2 x Butter)	Brakes 30006 x 1 Brakes 34024 x 2 Brakes 78252 x 2	439		✓ Wheat					✓					✓*		

Coffee Shop	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Bacon Bap</b>																
Bacon Bap (2 x rashers - no butter)	Brakes 4581 x 1 Brakes 70296 x 2	313		✓ Wheat										✓*		

Coffee Shop	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Love Struck Milkshake (All prepared with 150ml Semi Skimmed Milk)</b>																
Love Taste Top Banana Shake 160g	Bakes 131181 & 70218	264							✓							
Love Taste Strawberry Glory Shake 155g	Brakes 131182 & 70218	229							✓							
Love Taste Livin La Cocoa Shake 155g	Brakes 131183 & 70218	305							✓						✓	
Love Taste Va Va Vanilla Shake 155g	Brakes 131188 & 70218	274							✓							

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Coffee Shop	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Love Struck Smoothies (All prepared with 200ml Apple Juice)</b>																
Love Taste Strawberry Split 140g	Bakes 56244 & 100244	176														
Love Taste Pash N Shot 140g	Brakes 56364 & 100244	162														
Love Taste Big 5 140g	Brakes 103254 & 100244	159														
Love Taste Detox Zing 140g	Brakes 113536 & 100244	168														
Love Taste Kale Kick 140g	Brakes 113537 & 100244	147														
Love Taste Avo Go Go 140g	Brakes 125375 & 100244	196														

Coffee Shop	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Polar Krush Slushy Drinks - served in 330ml cup</b>																
Strawberry* / Blue Raspberry* (Both Products Contain Glycerol)	Polar Krush - Business World	46														
Strawberry Drift / Blue and Raspberry (Glycerol Free)	Polar Krush - Business World	69														

\*Slushy product contains glycerol. Slushy products containing glycerol are not suitable for children under **seven** years old.

Further information can be found on the FSA website: <https://www.food.gov.uk/news-alerts/news/fsa-updates-advice-on-risk-to-children-of-glycerol-in-slush-ice-drinks>

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### Places Leisure Allergens and Calorie Chart - Coffee Shop

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Coffee Shop	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Extra Items</b>																
Scone (Clotted Cream x1 and Jam x2)	Brakes 146212 x 1, 55516 x 1, 34024 x 2	701		✓ Wheat May Contain Barley and Oats		✓			✓						✓*	

Coffee Shop	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Extra Items</b>																
Butter Portion (each)	Brakes 78252	46							✓							
Strawberry Jam Portion (each)	Brakes 34024	49														
Clotted Cream (Each)	Brakes 55516	234							✓							

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### Places Leisure Allergens and Calorie Chart - Mr Whippy

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#### Charlton Lakeside Only

Charlton Lakeside	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Mr Whippy Soft Ice Cream</b>																
Ice Cream in tub (excludes flake)	Brakes 2219	155							✓							
Ice cream in Sugar Cones Medium (excludes flake)	Brakes 2219 Brakes 5004297	258		✓ Wheat					✓						✓	
Cadbury Flake 99	Brakes 100110	43 each							✓							
Strawberry Desert Sauce	Brakes 100534	23														
Belgium Chocolate Drizzle	Brakes 100530	28													✓	
Sugar Strands	Brakes 121589	20														

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**Places Leisure Allergens and Calorie Chart - Chips**

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**Charlton Lakeside Only**

Charlton Lakeside	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Chips</b>																
Thick Cut Chips 250g Portion <b>(Charlton Lakeside Only)</b>	Brakes 3897 or 51782	512														

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**Places Leisure Allergens and Calorie Chart - Ice Cream**

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**Prudhoe Waterworld Only**

Prudhoe Waterworld	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Scooped Ice Cream</b>																
Nic Ice Waffle Cone Medium	Brakes 5004297	103 each		✓ Wheat					✓						✓	
Cadbury Flake 99	Brakes 100110	43 each							✓							
Kelly's Corn. Banana Split I/C 4.5ltr	127245	204 per 85g scoop							✓			✓Pecan ✓*			✓	
Kelly's Corn. Blueberry I/C 4.5ltr	135108	202 per 85g scoop							✓			✓*			✓	
Kelly's Corn. Dairy Vanilla I/C 4.5ltr	Brake 114639	182 per 85g scoop							✓			✓*				
Kelly's Chocolate Ice Cream 4.5ltr	Brakes 114640	203 per 85g scoop							✓			✓*			✓	
Kelly's Strawberry Ice Cream 4.5ltr	Brakes 114641	164 per 85g scoop							✓			✓*				
Kelly's Mint ChocChip Ice Cream 4.5ltr	Brakes 114644	190 per 85g scoop							✓			✓*			✓	
Kelly's Cookies & Cream Ice Cream 4.5ltr	Brakes 114645	189 per 85g scoop		✓ Wheat					✓			✓*			✓	
Kelly's Honeycomb Ice Cream 4.5ltr	Brakes 114852	201 per 85g scoop							✓			✓*				
Kellys Salted Caramel Ice Cream 1x4.5ltr	Brakes 120155	202 per 85g scoop							✓			✓*			✓	
Kellys Eaton Mess Ice Cream 1x4.5ltr	Brakes 591139	197 per 85g scoop		✓ Wheat		✓			✓			✓*				
Kellys Bubblegum Ice Cream 1x4.5ltr	Brakes 120220	188 per 85g scoop							✓			✓*				
Kelly's Rocky Road Ice Cream 1x4.5ltr	Brakes 123520	231 per 85g scoop		✓ Wheat					✓			✓*			✓	

**Possible Nuts ✓\* Present:**

**Almonds, Brazil Nut, Cashew Nut, Hazelnut, Macadamia/Queensland Nut, Pecan Nut, Pistachio and Walnut**

<b>Important Customer Information</b>	<b>Our scooped ice cream is displayed in open tubs within shared freezer units. Due to the nature of this service, we cannot guarantee the absence of allergens, even where a flavour does not intentionally contain them. Cross-contact between flavours may occur.</b>
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**Prudhoe Waterworld Only**

Prudhoe Waterworld	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Scooped Ice Cream Continued</b>																
Kellys Millionaires Short Bread 1x4.5ltr	Brakes 131083	224 per 85g scoop		✓ Wheat					✓			✓*			✓	
Kellys Dairy Rum and Raisin 1x4.5l	Brakes 114646	173 per 85g scoop							✓			✓*				
Kellys Clotted Cream Rasp Ripple 1x4.5l	Brakes 133546	197 per 85g scoop							✓			✓*				
Kellys Vegan Vanilla Ice Cream 1x4.5ltr	Brakes 135645	155 per 85g scoop							✓*			✓*			✓	
Kellys Lemon Crunch 1x4.5ltr	Brakes 136756	197 per 85g scoop							✓			✓*				
Kellys Mango Ice Cream 1x4.5ltr	Brakes 136846	185 per 85g scoop							✓			✓*			✓	
Kellys Toffee Fudge Ice Cream 1x4.5ltr	Brakes 123521	182 per 85g scoop							✓			✓*			✓	
Kellys Candy Floss Ice Cream 1x4.5ltr	Brakes 127241	186 per 85g scoop							✓			✓*				

**Possible Nuts ✓\* Present:**

- Almond, Hazlenut, Walnut, Cashew Nut,
- Pecan Nut, Brazil Nut, Pistachio Nut,
- Macadamia/Queensland Nut

**Important Customer Information**

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**Places Leisure Allergens and Calorie Chart - Cake**

✓ = Contains / ✓\* = May Contain



Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Cakes</b>																
Sysco Classic GF Victoria Sponge 1x12 (1kg)	Brakes 114804	342 per slice				✓			✓			✓*				
Sysco Classic GF Chocolate Fudge 1x14 (1.4kg)	Brakes 113106	389 per slice				✓			✓*			✓*				
Carrot Cake 1x14 (1.4kg)	Brakes 55775	379 per slice		✓ Wheat		✓			✓			✓ Contains Walnut ✓*				

**Possible Nuts ✓\* Present:**

**Almond, Hazlenut, Walnut, Pecan Nut, Pistachio Nut**

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**Places Leisure Allergens and Calorie Chart - Nachos**

✓ = Contains / ✓\* = May Contain



**Concordia, Wentworth, and Ponteland ONLY**

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Nachos</b>																
Nachos smothered in a spicy cheese sauce, guacamole, salsa, and jalapenos ( <b>For One</b> )	Brakes 10163, 135337, 135335, 89029, 9698, 35379	845				✓			✓							✓ Sulphites >10ppm
Nachos smothered in a spicy cheese sauce, guacamole, salsa, and jalapenos ( <b>To Share</b> )	Brakes 10163, 135337, 135335, 89029, 9698, 35380	1355				✓			✓							✓ Sulphites >10ppm
Extra Grated Cheese	Brakes 10163	131							✓							

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**Places Leisure Allergens and Calorie Chart - Wings**

✓ = Contains / ✓\* = May Contain



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Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Wings</b>																
Chicken Wings and Fries	Brakes 136302, 30122, 103550, 10230, 10364, 24859	799	✓*	✓* Wheat												✓* Sulphites >10ppm
Quorn ChiQin Crispy Wings and Fries	Brakes 135724, 30122, 103550, 10230, 10364, 24859	749		✓ Wheat												

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Wings</b>																
Chicken Wings and Curly Fries	Brakes 136302, 127450, 103550, 10230, 10364, 24859	811	✓*	✓ Wheat												✓* Sulphites >10ppm
Quorn ChiQin Crispy Wings and Curly Fries	Brakes 135724, 127450, 103550, 10230, 10364, 24859	761		✓ Wheat												

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Wings</b>																
Chicken Wings and Sweet Potato Fries	Brakes 136302, 121752, 103550, 10230, 10364, 24859	769	✓*	✓* Wheat												✓* Sulphites >10ppm
Quorn ChiQin Crispy Wings and Sweet Potato Fries	Brakes 135724, 121752, 103550, 10230, 10364, 24859	719		✓ Wheat												

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**Places Leisure Allergens and Calorie Chart - Sides**

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Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Sides</b>																
Mac and Cheese Bites	Brakes 133530	315		✓ Wheat		✓*			✓		✓*				✓*	
Onion Rings	Brakes 30926, 24859	649		✓ Wheat												
Premium Thin Cut Fries 250g Portion	Brakes 30122	623		✓* Wheat												
Curly Fries 250g Portion	Brakes 127450	638		✓ Wheat												
Sweet Potato Fries 250g Portion	Brakes 121752	586		✓* Wheat												
Premium Thin Cut Fries 250g Portion AND Gravy	Brakes 30122 and 5895	713		✓ Wheat											✓	
Premium Thin Cut Fries 250g Portion AND Curry Sauce	Brakes 30122 and 119318	699	✓	✓ Wheat		✓*	✓*		✓*		✓				✓	✓*
Curry Sauce (25)	Brakes 119318	84	✓	✓ Wheat		✓*	✓*		✓*		✓				✓	✓*
Gravy (25)	Brakes 5895	98		✓ Wheat											✓	

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**Places Leisure Allergens and Calorie Chart - Burgers**

✓ = Contains / ✓\* = May Contain



**Concordia, Wentworth, and Ponteland ONLY**

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Burgers</b>																
Beef Burger and Fries	Brakes 113146, 131390, 30122, 103550, 10364, 10230, 24859	985		✓ Wheat		✓			✓						✓	✓ Sulphites >10ppm
Chicken Goujon Burger and Fries	Brakes 150451, 30122, 103550, 10364, 113146, 24859, 10230	1001	✓	✓ Wheat		✓			✓		✓				✓	
Plant Based Burger and Fries	Brakes 149969, 30122, 125668, 103550, 10364, 24859, 10230	989		✓ Wheat		✓*			✓*						✓*	
Cheese Slice	Brakes 15775	74							✓							
Extra Pattie	Brakes 131390	214														✓ Sulphites >10ppm

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Burgers</b>																
Beef Burger and Curly Fries	Brakes 113146, 131390, 127450, 103550, 10364, 10230, 24859	997		✓ Wheat		✓			✓						✓	✓ Sulphites >10ppm
Chicken Goujon Burger and Curly Fries	Brakes 150451, 127450, 103550, 10364, 113146, 24859, 10230	1013	✓	✓ Wheat		✓			✓		✓				✓	

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**Places Leisure Allergens and Calorie Chart - Burgers**

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Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Burgers Continued...</b>																
Plant Based Burger and Curly Fries	Brakes 149969, 127450, 125668, 103550, 10364, 24859, 10230	101		✓ Wheat		✓*			✓*						✓*	

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Burgers</b>																
Beef Burger and Sweet Potato Fries	Brakes 113146, 131390, 121752, 103550, 10364, 10230, 24859	955		✓ Wheat		✓			✓						✓	✓ Sulphites >10ppm
Chicken Goujon Burger and Sweet Potato Fries	Brakes 150451, 121752, 103550, 10364, 113146, 24859, 10230	971	✓	✓ Wheat		✓			✓		✓				✓	
Plant Based Burger and Sweet Potato Fries	Brakes 149969, 121752, 125668, 103550, 10364, 24859, 10230	959		✓ Wheat		✓*			✓*						✓*	

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**Places Leisure Allergens and Calorie Chart - Jacket Potato**

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**Northumberland ONLY**

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Jacket Potato - all served with mixed leaf salad</b>																
Baked Jacket Potatoes - Served on its own with a small seasonal salad mix and two butter portions	Brakes 3939, 103550, 78252, 450672, 10230	252							✓							
Jacket Potato with Grated Cheese	Brakes 3939, 10230, 450672, 103550, 78252, 10163	472							✓							
Jacket Potato with Beans	Brakes 3939, 10230, 450672, 103550, 78252, 15136	480							✓							
Jacket Potato with Tuna Mayonnaise	Brakes 3939, 10230, 450672, 103550, 78252, 14401, 5001554	505				✓	✓		✓							
Jacket Potato served with Beans and Cheese	Brakes 3939, 10230, 450672, 103550, 78252, 10163, 15136	610							✓							
<b>Extra Toppings</b>																
Cheese Grated x 40grms	Brakes 10163	131							✓							

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**Places Leisure Allergens and Calorie Chart - Street Fries**

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**Concordia, Wentworth, and Ponteland ONLY**

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Street Fries</b>																
Nacho Style Fries	Brakes 30122, 135337, 135335, 89029, 9698, 24859	704		✓* Wheat		✓			✓							✓ Sulphites >10ppm
Nacho Style Curly Fries	Brakes 127450, 135337, 135335, 89029, 9698, 24859	718		✓ Wheat		✓			✓							✓ Sulphites >10ppm
Nacho Style Sweet Potato Fries	Brakes 121752, 135337, 135335, 89029, 9698, 24859	666		✓* Wheat		✓			✓							✓ Sulphites >10ppm
Pulled Pork Fries	Brakes 30122, 135161, 24859	770		✓* Wheat												
Pulled Pork Curly Fries	Brakes 127450, 135161, 24859	785		✓ Wheat												
Pulled Pork Sweet Potato Fries	Brakes 121752, 135161, 24859	733		✓* Wheat												
Chilli Fries	Brakes 30122, 130089, 24859	749		✓* Wheat												
Chilli Curly Fries	Brakes 127450, 130089, 24859	764		✓ Wheat												
Chilli Sweet Potato Fries	Brakes 121752, 130089, 24859	712		✓* Wheat												
Chilli <b>Non</b> Carne Fries	Brakes 30122, 147993, 24859	714		✓* Wheat											✓	
Chilli <b>Non</b> Carne Curly Fries	Brakes 127450, 147993, 24859	729		✓ Wheat											✓	

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**Places Leisure Allergens and Calorie Chart - Street Fries**

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 30/01/2026



**Concordia, Wentworth, and Ponteland ONLY**

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Street Fries</b>																
Chilli <b>Non</b> Carne Sweet Potato Fries	Brakes 121752, 147993, 24859	677		✓* Wheat											✓	
Extra Cheese	Brakes 10163	131							✓							

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✓ = Contains / ✓\* = May Contain



**Wentworth, Concordia, and Ponteland ONLY**

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Kids Meals - Northumberland</b>																
Hot Dog and Fries	Brakes 134867, 113008, 30122, 24859	591		✓ Wheat ✓* Rye		✓			✓					✓*		
Childrens Chicken Nuggets and Fries	Brakes 30011, 30122, 24859	445		✓ Wheat												
Childrens Cheese and Tomato Pizza and Fries	Brakes 136161, 30122, 24859	538		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Pepperoni Pizza and Fries	Brakes 136162, 30122, 24859	538		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Quorn Southern Fried Nuggets and Fries	Brakes 131645, 30122, 24859	425		✓ Wheat												

**Important Customer Information**

For Children's **party food**, check the **Party Food - Northumberland** allergen Matrix. This page refers only to Kids Meals on the Hot Food menu at **Wentworth, Concordia, and Ponteland ONLY.**

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**Ashington and Morpeth ONLY**

Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Kids Meals - Northumberland</b>																
Hot Dog and Fries	Brakes 134867, 113008, 30122	488		✓ Wheat ✓* Rye		✓			✓					✓*		
Childrens Chicken Nuggets and Fries	Brakes 30011, 30122	432		✓ Wheat												
Childrens Cheese and Tomato Pizza and Fries	Brakes 136161, 30122	435		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Pepperoni Pizza and Fries	Brakes 136162, 30122	435		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Quorn Southern Fried Nuggets and Fries	Brakes 131645, 30122	322		✓ Wheat												

**Important Customer Information**

For Children's **party food**, check the **Party Food - Northumberland** allergen Matrix. This page refers only to Kids Meals on the Hot Food menu at **Ashington and Morpeth ONLY**.

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**Places Leisure Allergens and Calorie Chart - Party Food**

✓ = Contains / ✓\* = May Contain



Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Party Food - Ashington and Morpeth ONLY</b>																
Hot Dog and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 134867, 113008, 30122	523		✓ Wheat ✓* Rye		✓			✓					✓*		
Childrens Chicken Nuggets and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 30011, 30122	377		✓ Wheat												
Childrens Cheese and Tomato Pizza and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 136161, 30122	470		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Pepperoni Pizza and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 136162, 30122	470		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Quorn Southern Fried Nuggets and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 131645, 30122	357		✓ Wheat												

**Important Note**

This page covers **Party Food Only** - For **Drink Allergen information**, please refer to the **Post Mix and Squash** page.

For Kids Meals relating to the Hot Food Menu at **Ashington and Morpeth only**, please see the **Kids Meal - Northumberland Allergen Matrix**.

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**Places Leisure Allergens and Calorie Chart - Party Food**

✓ = Contains / ✓\* = May Contain



Unlabelled Food	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Party Food - Northumberland - Ponteland, Concordia, and Wentworth ONLY</b>																
Hot Dog and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 134867, 113008, 30122, 24859	626		✓ Wheat ✓* Rye		✓			✓					✓*		
Childrens Chicken Nuggets and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 30011, 30122, 24859	480		✓ Wheat												
Childrens Cheese and Tomato Pizza and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 136161, 30122, 24859	573		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Pepperoni Pizza and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 136162, 30122, 24859	573		✓ Wheat			✓*		✓		✓*				✓*	
Childrens Quorn Southern Fried Nuggets and Fries <i>** (For Drink Allergen - Please see Post Mix and Squash Page) **</i>	Brakes 131645, 30122, 24859	460		✓ Wheat												

**Important Customer Information**

This page covers **Party Food Only** - For **Drink Allergen information**, please refer to the **Post Mix and Squash** page.

For Kids Meals relating to the Hot Food Menu at **Ponteland, Concordia, and Wentworth only**, please see the **Kids Meal - Northumberland** Allergen Matrix.

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Adults need around 2000 kcal a day  
 Vegan products may not be suitable for persons with allergies.

### Places Leisure Allergens and Calorie Chart - Post Mix/Squash

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 30/01/2026

✓ = Contains / ✓\* = May Contain



Post Mix and Squash	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
<b>Post Mix / Squash</b>																
Orange Tango Sugar Free	Brakes 591161	300ml = 1 454ml = 2														
Pepsi Max	Brakes 109337	300ml = 1 454ml = 2														
R Whites Lemonade	Brakes 109339	300ml = 6 454ml = 9														✓ >10ppm
7up Free	Brakes 109341	300ml = 6 454ml = 9														
Pepsi Diet	Brakes 109343	300ml = 1 454ml = 2														
Schweppes Orange Cordial	Brakes 127961	300ml = 36														
Schweppes Blackcurrant Flavour Cordial	Brakes 127960	300ml = 42														
Sysco Classic Double Strength Orange Squash	Brakes 33701	300ml = 10														✓ >10ppm Metabisulphite
Sysco Classic Double Strength Blackcurrant Squash	Brakes 87047	300ml = 7														✓ >10ppm Metabisulphite

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