

BITTERNE CLASS TIMETABLE

MON	TUE	WED	THU	FRI	SAT	SUN
LES MILLS BODY PUMP 09:15 - 10:00	MOVE & TONE 09:15 - 10:15	LES MILLS BODY BALANCE 09:00 - 09:55	MOVE & TONE 09:05 - 09:55	LES MILLS BODY BALANCE 09:00 - 09:55	LES MILLS BODY PUMP 08:30 - 09:15	LES MILLS BODY BALANCE 08:30 - 09:15
AQUA FIT 09:15 - 10:00	AQUA FIT 09:15 - 10:00	AQUA ZUMBA 09:30 - 10:20	YOGA 10:30 - 11:30	AQUA FIT 09:15 - 10:00	LES MILLS BODY COMBAT 09:20 - 10:15	JUNIOR GYM 10:00 - 10:45
LES MILLS BODY BALANCE 10:10 - 10:55	ZUMBA 10:25 - 11:10	LBT 09:15 - 10:00	ZUMBA (GENTLE PACE) 11:30 - 12:15	NICE & EASY 09:30 - 10:25		JUNIOR GYM 10:45 - 11:30
YOGA 11:40 - 12:40	YOGA 10:30 - 11:25	LES MILLS BODY PUMP 10:05 - 10:50	FIT FOREVER 12:30 - 13:15	PILATES 10:30 - 11:25		JUNIOR GYM 11:30 - 12:15
JUNIOR GYM 15:30 - 16:10	FIT FOREVER 12:30 - 13:15	NICE & EASY 11:30 - 12:25	JUNIOR GYM 15:30 - 16:10	LES MILLS BODY BALANCE 11:30 - 12:15		JUNIOR GYM 12:15 - 13:00
JUNIOR GYM 16:10 - 16:50	JUNIOR GYM 15:30 - 16:10	PILATES 14:15 - 15:00	JUNIOR GYM 16:10 - 16:50	JUNIOR GYM 15:30 - 16:10		
JUNIOR GYM 16:50 - 17:30	JUNIOR GYM 16:10 - 16:50	YOGA 17:00 - 17:55	JUNIOR GYM 16:50 - 17:30	JUNIOR GYM 16:10 - 16:50		
AB BLAST 17:20 - 17:55	JUNIOR GYM 16:50 - 17:30	POWER YOGA 18:00 - 18:45	YOGA 17:00 - 17:55	JUNIOR GYM 16:50 - 17:30		
LES MILLS BODY PUMP 18:00 - 18:55	ALIGNMENT CORE YOGA 17:00 - 17:55	LES MILLS BODY COMBAT 19:00 - 19:55	CIRCL MOBILITY 18:00 - 18:55	YOGA 18:30 - 19:25		
YOGALATES 18:10 - 19:00	YOGALATES 18:15 - 19:10		BODY CONDITIONING 18:15 - 19:00			
LES MILLS BODY COMBAT 19:00 - 19:55	ZUMBA 18:45 - 19:30					
AQUA NATAL 19:00 - 19:45						
YOGA 19:00 - 19:55						

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BITTERNE POOL TIMETABLE

TERM TIME						
MON	TUE	WED	THU	FRI	SAT	SUN
LANE SWIMMING (MAIN POOL) 06:30 - 09:00	LANE SWIMMING (MAIN POOL) 06:30 - 09:00	LANE SWIMMING (MAIN POOL) 06:30 - 09:00	LANE SWIMMING (MAIN POOL) 06:30 - 12:30	LANE SWIMMING (MAIN POOL) 06:30 - 09:00	SWIMMING LESSONS (LEARNER POOL) 08:15 - 12:30	SWIMMING LESSONS (LEARNER POOL) 08:00 - 12:30
SWIMMING LESSONS (LEARNER POOL) 09:00 - 12:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 12:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 12:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 12:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 13:00	SWIMMING LESSONS (MAIN POOL) 08:30 - 11:15	LANE SWIMMING (MAIN POOL) 08:30 - 10:25
AQUA FIT 09:15 - 10:00	AQUA FIT 09:15 - 10:00	AQUA ZUMBA 09:30 - 10:20	PARENT & CHILD SWIM (LEARNER POOL) 11:00 - 12:30	AQUA FIT 09:15 - 10:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 10:45 - 16:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 10:30 - 15:00
OPEN SWIMMING (MAIN POOL) 10:10 - 11:00	PARENT & CHILD SWIM (LEARNER POOL) 11:00 - 12:30	PARENT & CHILD SWIM (LEARNER POOL) 11:00 - 12:30	GOOD BOOST 11.30am - 12.15pm	PARENT & CHILD SWIM (LEARNER POOL) 11:00 - 12:30	PUBLIC SWIM (LEARNER POOL) 12:45 - 14:45	PUBLIC SWIM (LEARNER POOL) 12:45 - 15:00
PARENT & CHILD SWIM (LEARNER POOL) 11:00 - 12:30	GOOD BOOST 11.30am - 12.15pm	LANE SWIMMING (MAIN POOL) 11:25 - 12:30	SCHOOL SWIM LESSONS 12:30 - 15:00	LANE SWIMMING (MAIN POOL) 11:05-12.30	FLUMES ON (MAIN POOL) 13:00 - 15:00	FLUMES ON (MAIN POOL) 13:00 - 15:00
LANE SWIMMING (MAIN POOL) 11:05 - 12:30	LANE SWIMMING (MAIN POOL) 10:10-12:30	SCHOOL SWIM LESSONS 12:30 - 15:00	SWIMMING LESSONS (BOTH POOLS) 15:00 - 19:00	SCHOOL SWIM LESSONS 12:30 - 15:00	POL BIRTHDAY PARTIES 15:15 - 17:15	SWIMMING LESSONS (MAIN POOL) 15:15 - 17:15
SCHOOL SWIM LESSONS 12:30 - 15:00	SCHOOL SWIM LESSONS 12:30 - 15:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 15:00 - 16:00	LANE SWIMMING (MAIN POOL) 19:15 - 21:15	LANE SWIMMING (MAIN POOL) 15:00 - 17:55		
PUBLIC SWIMMING (NO LANES MAIN POOL) 15:00 - 16:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 15:00 - 16:00	SWIMMING LESSONS (BOTH POOLS) 15:30 - 19:00		SWIMMING LESSONS (BOTH POOLS) 15:30 - 19:00		
SWIMMING LESSONS (BOTH POOLS) 16:00 - 19:00	SWIMMING LESSONS (BOTH POOLS) 15:30 - 19:00	LANE SWIMMING (MAIN POOL) 19:15 - 21:15		PUBLIC SWIMMING (MAIN POOL) 18:00 - 20:00		
AQUA NATAL 19:00 - 19:45	LANE SWIMMING (MAIN POOL) 19:15 - 21:15					
PUBLIC SWIMMING (NO LANES MAIN POOL) 20:00 - 21:15						

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BITTERNE POOL TIMETABLE

SCHOOL HOLIDAYS						
MON	TUE	WED	THU	FRI	SAT	SUN
LANE SWIMMING (MAIN POOL) 06:30 - 09:00	LANE SWIMMING (MAIN POOL) 06:30 - 09:00	LANE SWIMMING (MAIN POOL) 06:30 - 09:15	LANE SWIMMING (MAIN POOL) 06:30 - 12:30	LANE SWIMMING (MAIN POOL) 06:30 - 09:00	SWIMMING LESSONS (LEARNER POOL) 08:15 - 12:30	SWIMMING LESSONS (LEARNER POOL) 08:00 - 12:30
ADULT OPEN SWIM (MAIN POOL) 10:10 - 11:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 12:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 12:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 12:30	SWIMMING LESSONS (LEARNER POOL) 09:00 - 13:00	SWIMMING LESSONS (MAIN POOL) 08:30 - 11:15	LANE SWIMMING (MAIN POOL) 08:30 - 10:25
AQUA FIT 09:15 - 10:00	AQUA FIT 09:15 - 10:00	AQUA ZUMBA 09:30 - 10:15	PUBLIC SWIM (MAIN POOL) 12:00 - 13:00	AQUA FIT 09:15 - 10:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 10:45 - 16:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 10:30 - 15:00
PUBLIC SWIM (MAIN POOL) 12:00 - 13:00	PUBLIC SWIM (MAIN POOL) 12:00 - 13:00	ADULT OPEN SWIM (MAIN POOL) 10:30 - 12:00	PARENT & CHILD SWIM (LEARNER POOL) 12:00 - 15:00	ADULT OPEN SWIM (MAIN POOL) 10:10 - 11:30	PUBLIC SWIM (LEARNER POOL) 12:45 - 14:45	PUBLIC SWIM (LEARNER POOL) 12:45 - 15:00
PARENT & CHILD SWIM (LEARNER POOL) 12:00 - 15:00	PARENT & CHILD SWIM (LEARNER POOL) 12:00 - 15:00	PARENT & CHILD SWIM (LEARNER POOL) 12:00 - 15:00	FAMILY FUN SWIM (MAIN POOL) 13:00-15:00	PARENT & CHILD SWIM (LEARNER POOL) 12:00 - 15:00	FLUMES ON (MAIN POOL) 13:00 - 15:00	FLUMES ON (MAIN POOL) 13:00 - 15:00
FAMILY FUN SWIM (MAIN POOL) 13:00-15:00	FAMILY FUN SWIM (MAIN POOL) 13:00-15:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 12:00-13:00	SWIMMING LESSONS (BOTH POOLS) 16:00 - 19:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 12:00 - 13:00	POOL BIRTHDAY PARTIES 15:15 - 17:15	SWIMMING LESSONS (MAIN POOL) 15:15 - 17:15
PUBLIC SWIMMING (NO LANES MAIN POOL) 15:00 - 16:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 15:00 - 16:00	FAMILY FUN SWIM (MAIN POOL) 13:00-15:00	LANE SWIMMING (MAIN POOL) 19:15 - 21:15	FAMILY FUN SWIM (MAIN POOL) 13:00 - 15:00		
SWIMMING LESSONS (BOTH POOLS) 16:00 - 18:45	SWIMMING LESSONS (BOTH POOLS) 15:00 - 19:00	PUBLIC SWIMMING (NO LANES MAIN POOL) 15:00 - 16:00		LANE SWIMMING (MAIN POOL) 15:00 - 17:55		
AQUA NATAL 19:00 - 19:45	LANE SWIMMING (MAIN POOL) 19:15 - 21:15	SWIMMING LESSONS (BOTH POOLS) 15:30 - 18:45		SWIMMING LESSONS (BOTH POOLS) 15:30 - 19:00		
PUBLIC SWIMMING (NO LANES MAIN POOL) 20:00 - 21:15		LANE SWIMMING (MAIN POOL) 19:15 - 21:15		PUBLIC SWIMMING (MAIN POOL) 18:00 - 20:00		