

Customer Information

Allergen Advice: All our products are prepared in environments that handle allergens. We take every reasonable precaution to reduce the risk of cross-contamination, but we cannot guarantee any product is allergen-free.

Across our estate, we offer a variety of products, including scooped ice cream, coffee made using semi-automatic, automatic, and traditional machines (all of which use milk as standard), and fried items prepared in shared fryers. We take all reasonable steps to reduce the risk of allergen cross-contact and are committed to providing accurate information about our ingredients. However, as we use shared equipment and preparation areas, we cannot guarantee that any product is entirely free from allergens, even if a specific product does not contain a particular allergen. Please speak to a member of staff if you have any concerns or require further information.

The following pages contain essential information to help you make an informed decision about purchasing items from our establishment.

All **unwrapped** food products and drinks prepared in our café or kitchen are included in this information pack. **Pre-packaged** products will show allergen information on their packaging.

Unless otherwise specified, all items are prepared according to standard recipes. If you wish to add extra items, such as toppings or syrups, please refer to the specific product for additional details.

Calorie information is based on an average adult serving size for each dish or drink unless stated otherwise. While this information is accurate at the time of publication, variations in product preparation may affect calorie counts.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



Important - The following Relates to the below coffee machine ONLY:
Coffeetek Vitali - Powdered Milk Machine - 8oz Cup Size

COFFEE MACHINE: VITALI ONLY

Hot Drinks 8oz Cup Size	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Americano																
Americano (Black - No Milk)	Cafeology 7364	0							✓*							
Hot Chocolate																
Hot Chocolate (Milk Granules)	Cafeology 5897 & 7884	79							✓							
Latte																
Latte (Milk Granules)	Cafeology 7364 & 7884	54							✓							
Cappuccino																
Cappuccino (Milk Granules)	Cafeology 7364 & 7884	54							✓							
Mocha																
Mocha (Milk Granules)	Cafeology 7364, 5897 & 7884	95							✓							

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



Important - The following Relates to the below coffee machine ONLY:
Coffeetek Vitali - Powdered Milk Machine - 8oz Cup Size

COFFEE MACHINE: VITALI ONLY

Hot Drinks 8oz Cup Size	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tea																
James Aimer Fairtrade String & Tagged English Breakfast Tea (10ml Added Milk)	Cafeology 4415	5							✓							
Taylor's Decaff Enveloped Tea (10ml Added Milk)	Cafeology 4447	5							✓							
Speciality Tea																
Taylor's Blackberry & Raspberry Enveloped Tea (No Added Milk)	Cafeology 8458	1														
Taylor's Earl Grey Enveloped Tea (No Added Milk)	Cafeology 4583	1														
Taylor's Peppermint Enveloped Tea (No Added Milk)	Cafeology 8885	1														
Taylor's Lemon & Ginger Enveloped Tea (No Added Milk)	Cafeology 7779	1														
Taylor's Green Enveloped Tea (No Added Milk)	Cafeology 7826	1														
Taylor's Green & Lemon Enveloped Tea (No Added Milk)	Cafeology 4442	1														
Taylor's Chamomile Envelope Tea (No Added Milk)	Cafeology 4581	1														

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



Important - The following Relates to the below coffee machine ONLY:
Coffeetek Vitali - Powdered Milk Machine - 8oz Cup Size

COFFEE MACHINE: VITALI ONLY

Hot Drinks 8oz Cup Size	Supplier and Codes	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups																
Sugar Free Vanilla (30ml)	Cafeology 7378	4														
Sugar Free Hazelnut (30ml)	Cafeology 7385	5										✓	✓			
Sugar Free Caramel (30ml)	Cafeology 7415	6														
Toppings																
Marshmallows (Portion 20g)	Brakes 136227	66							✓*						✓*	
Aerosol Cream (Portion 25g)	Brakes 18502	74							✓							

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



Important - The following Relates to the below coffee machine ONLY:
Coffeetek Vitro X3 - Powdered Milk Machine - 12oz Cup Size

COFFEE MACHINE:

VITRO X3
 ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Espresso															
Espresso	0							✓*							
Americano															
Americano (Black - No Milk)	0							✓*							
Hot Chocolate															
Hot Chocolate (Milk Granules)	99							✓							
Latte															
Latte (Milk Granules)	72							✓							
Cappuccino															
Cappuccino (Milk Granules)	72							✓							
Mocha															
Mocha (Milk Granules)	133							✓							

**Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations.
 Some of our products may have been produced in areas where allergens are present.**

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Coffeetek Vitro X3 - Powdered Milk Machine - 12oz Cup Size**

COFFEE MACHINE:

VITRO X3
 ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tea															
James Aimer Fairtrade String & Tagged English Breakfast Tea (10ml Added Milk)	5							✓							
Taylor's Decaff Enveloped Tea (10ml Added Milk)	5							✓							
Speciality Tea															
Taylor's Blackberry & Raspberry Enveloped Tea (No Added Milk)	1														
Taylor's Earl Grey Enveloped Tea (No Added Milk)	1														
Taylor's Peppermint Enveloped Tea (No Added Milk)	1														
Taylor's Lemon & Ginger Enveloped Tea (No Added Milk)	1														
Taylor's Green Enveloped Tea (No Added Milk)	1														
Taylor's Green & Lemon Enveloped Tea (No Added Milk)	1														

**Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations.
 Some of our products may have been produced in areas where allergens are present.**

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



Important - The following Relates to the below coffee machine ONLY:
Coffeetek Vitro X3 - Powdered Milk Machine - 12oz Cup Size

COFFEE MACHINE: **VITRO X3 ONLY**

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Speciality Tea Contin..															
Taylors Chamomile Envelope Tea (No Added Milk)	1														

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups															
Sugar Free Vanilla (30ml)	4														
Sugar Free Hazelnut (30ml)	5										✓	✓			
Sugar Free Caramel (30ml)	6														
Toppings															
Marshmallows (20g portion)	66							✓*						✓*	
Aerosol Cream (25g portion)	74							✓							

**Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations.
 Some of our products may have been produced in areas where allergens are present.**

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Espresso															
Espresso	0							✓*							
Americano															
Americano (Black - No Milk)	0							✓*							
Decaf Bean Americano (Black - No Milk)	0							✓*							
Decaf Sachet Americano (Black - No Milk)	0							✓*							
Hot Chocolate															
Hot Chocolate (Fresh Milk)	133							✓							
Hot Chocolate (Oat Milk)	202		✓ Oats					✓							
Hot Chocolate (Soya Milk)	200							✓						✓	
Hot Chocolate Deluxe (Cream and marshmallows)															
Hot Chocolate (Fresh Milk)	273							✓						✓*	
Hot Chocolate (Oat Milk)	342		✓ Oats					✓						✓*	
Hot Chocolate (Soya Milk)	340							✓						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: **EGRO ONLY**

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Latte															
Latte Fresh Milk	108							✓							
Decaf Bean Latte Fresh Milk	108							✓							
Decaf Sachet Latte Fresh Milk	108							✓							
Latte Oat Milk	95		✓ Oats					✓*							
Decaf Bean Latte Oat Milk	95		✓ Oats					✓*							
Decaf Sachet Latte Oat Milk	95		✓ Oats					✓*							
Latte Soya Milk	93							✓*						✓	
Decaf Bean Latte Soya Milk	93							✓*						✓	
Decaf Sachet Latte Soya Milk	93							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Cappuccino															
Cappuccino Fresh Milk	98							✓							
Decaf Bean Cappuccino Fresh Milk	98							✓							
Decaf Sachet Cappuccino Fresh Milk	98							✓							
Cappuccino Oat Milk	86		✓ Oats					✓*							
Decaf Bean Cappuccino Oat Milk	86		✓ Oats					✓*							
Decaf Sachet Cappuccino Oat Milk	86		✓ Oats					✓*							
Cappuccino Soya Milk	84							✓*						✓	
Decaf Bean Cappuccino Soya Milk	84							✓*						✓	
Decaf Sachet Cappuccino Soya Milk	84							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Flat White															
Flat White Fresh Milk	79							✓							
Decaf Bean Flat White Fresh Milk	79							✓							
Decaf Sachet Flat White Fresh Milk	79							✓							
Flat White Oat Milk	69		✓ Oats					✓*							
Decaf Bean Flat White Oat Milk	69		✓ Oats					✓*							
Decaf Sachet Flat White Oat Milk	69		✓ Oats					✓*							
Flat White Soya Milk	67							✓*						✓	
Decaf Bean Flat White Soya Milk	67							✓*						✓	
Decaf Sachet Flat White Soya Milk	67							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mocha															
Mocha Fresh Milk	108							✓							
Decaf Bean Mocha Fresh Milk	108							✓							
Decaf Sachet Mocha Fresh Milk	108							✓							
Mocha Oat Milk	167		✓ Oats					✓*							
Decaf Bean Mocha Oat Milk	167		✓ Oats					✓*							
Decaf Sachet Mocha Oat Milk	167		✓ Oats					✓*							
Mocha Soya Milk	164							✓*						✓	
Decaf Bean Mocha Soya Milk	164							✓*						✓	
Decaf Sachet Mocha Soya Milk	164							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tea															
James Aimer Fairtrade String & Tagged English Breakfast Tea (10ml Added Milk)	5							✓							
Taylor's Decaff Enveloped Tea (10ml Added Milk)	5							✓							
Speciality Tea															
Taylor's Blackberry & Raspberry Enveloped Tea (No Added Milk)	1														
Taylor's Earl Grey Enveloped Tea (No Added Milk)	1														
Taylor's Peppermint Enveloped Tea (No Added Milk)	1														
Taylor's Lemon & Ginger Enveloped Tea (No Added Milk)	1														
Taylor's Green Enveloped Tea (No Added Milk)	1														
Taylor's Green & Lemon Enveloped Tea (No Added Milk)	1														
Taylor's Chamomile Envelope Tea (No Added Milk)	1														

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



Important - The following Relates to the below coffee machine ONLY:
Egro Coffee Machines - 12oz Cup Size

COFFEE MACHINE: EGRO ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups															
Sugar Free Vanilla (30ml)	4														
Sugar Free Hazelnut (30ml)	5										✓	✓			
Sugar Free Caramel (30ml)	6														
Toppings															
Marshmallows (20g portion)	66							✓*						✓*	
Aerosol Cream (25g portion)	74							✓							

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Espresso															
Espresso	0							✓*							
Americano															
Americano (Black - No Milk)	0							✓*							
Decaf BeanAmericano (Black - No Milk)	0							✓*							
Decaf SachetAmericano (Black - No Milk)	0							✓*							
Hot Chocolate															
Hot Chocolate (Fresh Milk)	197							✓							
Hot Chocolate (Oat Milk)	287		✓ Oats					✓							
Hot Chocolate (Soya Milk)	283							✓						✓	
Hot Chocolate Deluxe (Cream and marshmallows)															
Hot Chocolate (Fresh Milk)	337							✓						✓*	
Hot Chocolate (Oat Milk)	427		✓ Oats					✓						✓*	
Hot Chocolate (Soya Milk)	423							✓						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Latte															
Latte Fresh Milk	147							✓							
Decaf Bean Latte Fresh Milk	147							✓							
Decaf Sachet Latte Fresh Milk	147							✓							
Latte Oat Milk	129		✓ Oats					✓*							
Decaf Bean Latte Oat Milk	129		✓ Oats					✓*							
Decaf Sachet Latte Oat Milk	129		✓ Oats					✓*							
Latte Soya Milk	126							✓*						✓	
Decaf Bean Latte Soya Milk	126							✓*						✓	
Decaf Sachet Latte Soya Milk	126							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Cappuccino															
Cappuccino Fresh Milk	130							✓							
Decaf Bean Cappuccino Fresh Milk	130							✓							
Decaf Sachet Cappuccino Fresh Milk	130							✓							
Cappuccino Oat Milk	114		✓ Oats					✓*							
Decaf Bean Cappuccino Oat Milk	114		✓ Oats					✓*							
Decaf Sachet Cappuccino Oat Milk	114		✓ Oats					✓*							
Cappuccino Soya Milk	111							✓*						✓	
Decaf Bean Cappuccino Soya Milk	111							✓*						✓	
Decaf Sachet Cappuccino Soya Milk	111							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mocha															
Mocha Fresh Milk	138							✓							
Decaf Bean Mocha Fresh Milk	138							✓							
Decaf Sachet Mocha Fresh Milk	138							✓							
Mocha Oat Milk	208		✓ Oats					✓*							
Decaf Bean Mocha Oat Milk	208		✓ Oats					✓*							
Decaf Sachet Mocha Oat Milk	208		✓ Oats					✓*							
Mocha Soya Milk	205							✓*						✓	
Decaf Bean Mocha Soya Milk	205							✓*						✓	
Decaf Sachet Mocha Soya Milk	205							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tea															
James Aimer Fairtrade String & Tagged English Breakfast Tea (10ml Added Milk)	5							✓							
Taylor's Decaff Enveloped Tea (10ml Added Milk)	5							✓							
Speciality Tea															
Taylor's Blackberry & Raspberry Enveloped Tea (No Added Milk)	1														
Taylor's Earl Grey Enveloped Tea (No Added Milk)	1														
Taylor's Peppermint Enveloped Tea (No Added Milk)	1														
Taylor's Lemon & Ginger Enveloped Tea (No Added Milk)	1														
Taylor's Green Enveloped Tea (No Added Milk)	1														
Taylor's Green & Lemon Enveloped Tea (No Added Milk)	1														
Taylor's Chamomile Envelope Tea (No Added Milk)	1														

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Egro Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: EGRO ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups															
Sugar Free Vanilla (30ml)	5														
Sugar Free Hazelnut (30ml)	7										✓	✓			
Sugar Free Caramel (30ml)	8														
Toppings															
Marshmallows (20g portion)	66							✓*						✓*	
Aerosol Cream (25g portion)	74							✓							

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Espresso															
Espresso	0							✓*							
Americano															
Americano (Black - No Milk)	0							✓*							
Decaf Bean Americano (Black - No Milk)	0							✓*							
Decaf Sachet Americano (Black - No Milk)	0							✓*							
Hot Chocolate															
Hot Chocolate (Fresh Milk)	189							✓							
Hot Chocolate (Oat Milk)	181		✓ Oats					✓							
Hot Chocolate (Soya Milk)	179							✓						✓	
Hot Chocolate Deluxe (Cream and marshmallows)															
Hot Chocolate (Fresh Milk)	329							✓						✓*	
Hot Chocolate (Oat Milk)	321		✓ Oats					✓						✓*	
Hot Chocolate (Soya Milk)	319							✓						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Latte															
Latte Fresh Milk	127							✓							
Decaf Bean Latte Fresh Milk	127							✓							
Decaf Sachet Latte Fresh Milk	127							✓							
Latte Oat Milk	112		✓ Oats					✓*							
Decaf Bean Latte Oat Milk	112		✓ Oats					✓*							
Decaf Sachet Latte Oat Milk	112		✓ Oats					✓*							
Latte Soya Milk	109							✓*						✓	
Decaf Bean Latte Soya Milk	109							✓*						✓	
Decaf Sachet Latte Soya Milk	109							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Cappuccino															
Cappuccino Fresh Milk	125							✓							
Decaf Bean Cappuccino Fresh Milk	125							✓							
Decaf Sachet Cappuccino Fresh Milk	125							✓							
Cappuccino Oat Milk	110		✓ Oats					✓*							
Decaf Bean Cappuccino Oat Milk	110		✓ Oats					✓*							
Decaf Sachet Cappuccino Oat Milk	110		✓ Oats					✓*							
Cappuccino Soya Milk	107							✓*						✓	
Decaf Bean Cappuccino Soya Milk	107							✓*						✓	
Decaf Sachet Cappuccino Soya Milk	107							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Flat White															
Flat White Fresh Milk	126							✓							
Decaf Bean Flat White Fresh Milk	126							✓							
Decaf Sachet Flat White Fresh Milk	126							✓							
Flat White Oat Milk	111		✓ Oats					✓*							
Decaf Bean Flat White Oat Milk	111		✓ Oats					✓*							
Decaf Sachet Flat White Oat Milk	111		✓ Oats					✓*							
Flat White Soya Milk	108							✓*						✓	
Decaf Bean Flat White Soya Milk	108							✓*						✓	
Decaf Sachet Flat White Soya Milk	108							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mocha															
Mocha Fresh Milk	130							✓							
Decaf Bean Mocha Fresh Milk	130							✓							
Decaf Sachet Mocha Fresh Milk	130							✓							
Mocha Oat Milk	173		✓ Oats					✓*							
Decaf Bean Mocha Oat Milk	173		✓ Oats					✓*							
Decaf Sachet Mocha Oat Milk	173		✓ Oats					✓*							
Mocha Soya Milk	170							✓*						✓	
Decaf Bean Mocha Soya Milk	170							✓*						✓	
Decaf Sachet Mocha Soya Milk	170							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tea															
James Aimer Fairtrade String & Tagged English Breakfast Tea (10ml Added Milk)	5							✓							
Taylor's Decaff Enveloped Tea (10ml Added Milk)	5							✓							
Speciality Tea															
Taylor's Blackberry & Raspberry Enveloped Tea (No Added Milk)	1														
Taylor's Earl Grey Enveloped Tea (No Added Milk)	1														
Taylor's Peppermint Enveloped Tea (No Added Milk)	1														
Taylor's Lemon & Ginger Enveloped Tea (No Added Milk)	1														
Taylor's Green Enveloped Tea (No Added Milk)	1														
Taylor's Green & Lemon Enveloped Tea (No Added Milk)	1														
Taylor's Chamomile Envelope Tea (No Added Milk)	1														

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 12oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups															
Sugar Free Vanilla (30ml)	4														
Sugar Free Hazelnut (30ml)	5										✓	✓			
Sugar Free Caramel (30ml)	6														
Toppings															
Marshmallows (20g portion)	66							✓*						✓*	
Aerosol Cream (25g portion)	74							✓							

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Espresso															
Espresso	0							✓*							
Americano															
Americano (Black - No Milk)	0							✓*							
Decaf Bean Americano (Black - No Milk)	0							✓*							
Decaf Sachet Americano (Black - No Milk)	0							✓*							
Hot Chocolate															
Hot Chocolate (Fresh Milk)	224							✓							
Hot Chocolate (Oat Milk)	213		✓ Oats					✓							
Hot Chocolate (Soya Milk)	212							✓						✓	
Hot Chocolate Deluxe (Cream and marshmallows)															
Hot Chocolate (Fresh Milk)	364							✓						✓*	
Hot Chocolate (Oat Milk)	353		✓ Oats					✓						✓*	
Hot Chocolate (Soya Milk)	352							✓						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Latte															
Latte Fresh Milk	150							✓							
Decaf Bean Latte Fresh Milk	150							✓							
Decaf Sachet Latte Fresh Milk	150							✓							
Latte Oat Milk	132		✓ Oats					✓*							
Decaf Bean Latte Oat Milk	132		✓ Oats					✓*							
Decaf Sachet Latte Oat Milk	132		✓ Oats					✓*							
Latte Soya Milk	129							✓*						✓	
Decaf Bean Latte Soya Milk	129							✓*						✓	
Decaf Sachet Latte Soya Milk	129							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Cappuccino															
Cappuccino Fresh Milk	145							✓							
Decaf Bean Cappuccino Fresh Milk	145							✓							
Decaf Sachet Cappuccino Fresh Milk	145							✓							
Cappuccino Oat Milk	127		✓ Oats					✓*							
Decaf Bean Cappuccino Oat Milk	127		✓ Oats					✓*							
Decaf Sachet Cappuccino Oat Milk	127		✓ Oats					✓*							
Cappuccino Soya Milk	124							✓*						✓	
Decaf Bean Cappuccino Soya Milk	124							✓*						✓	
Decaf Sachet Cappuccino Soya Milk	124							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Mocha															
Mocha Fresh Milk	165							✓							
Decaf Bean Mocha Fresh Milk	165							✓							
Decaf Sachet Mocha Fresh Milk	165							✓							
Mocha Oat Milk	229		✓ Oats					✓*							
Decaf Bean Mocha Oat Milk	229		✓ Oats					✓*							
Decaf Sachet Mocha Oat Milk	229		✓ Oats					✓*							
Mocha Soya Milk	226							✓*						✓	
Decaf Bean Mocha Soya Milk	226							✓*						✓	
Decaf Sachet Mocha Soya Milk	226							✓*						✓	

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tea															
James Aimer Fairtrade String & Tagged English Breakfast Tea (10ml Added Milk)	5							✓							
Taylor's Decaff Enveloped Tea (10ml Added Milk)	5							✓							
Speciality Tea															
Taylor's Blackberry & Raspberry Enveloped Tea (No Added Milk)	1														
Taylor's Earl Grey Enveloped Tea (No Added Milk)	1														
Taylor's Peppermint Enveloped Tea (No Added Milk)	1														
Taylor's Lemon & Ginger Enveloped Tea (No Added Milk)	1														
Taylor's Green Enveloped Tea (No Added Milk)	1														
Taylor's Green & Lemon Enveloped Tea (No Added Milk)	1														
Taylor's Chamomile Envelope Tea (No Added Milk)	1														

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Franke Coffee Machines - 16oz Cup Size**

COFFEE MACHINE: FRANKE ONLY

Hot Drinks 16oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups															
Sugar Free Vanilla (30ml)	5														
Sugar Free Hazelnut (30ml)	7										✓	✓			
Sugar Free Caramel (30ml)	8														
Toppings															
Marshmallows (20g portion)	66							✓*						✓*	
Aerosol Cream (25g portion)	74							✓							

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.

Adults need around 2000 kcal a day
 Vegan products may not be suitable for persons with allergies.

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Chessington Coffee Machine Only**

COFFEE MACHINE:

VITRO X3
 ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Espresso															
Espresso	3							✓*							
Americano															
Americano (Black - No Milk)	3							✓*							
Hot Chocolate															
Hot Chocolate (Milk Granules)	135.4							✓							
Latte															
Latte (Milk Granules)	160							✓							
Cappuccino															
Cappuccino (Milk Granules)	120							✓							
Mocha															
Mocha (Milk Granules)	240							✓							

**Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations.
 Some of our products may have been produced in areas where allergens are present.**

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Chessington Coffee Machine Only**

COFFEE MACHINE:

VITRO X3
 ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tea															
Twinings English Breakfast Tea (10ml Added Milk)	5							✓							
Speciality Tea															
Twinings Earl Grey Tea	1														
Twinings English Breakfast Tea	1														
Twinings Everyday Tea	1														
Twinings Lemon and Ginger	1														
Twinings Pure Green Tea	1														

**Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations.
 Some of our products may have been produced in areas where allergens are present.**

Hot Drink: Cafeology Coffee Shop Calorie Allergen Chart

✓ = Contains / ✓* = May Contain



**Important - The following Relates to the below coffee machine ONLY:
 Chessington Coffee Machine Only**

COFFEE MACHINE:

VITRO X3
 ONLY

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups															
Twinnings Peppermint Tea	1														
Twinnings Cranberry and Raspberry	1														
Twinnings Camomile	1														
Twinnings Assam	1														
Twinnings Redbush	1														

Hot Drinks 12oz Cup Size	Calories Kcal	Celery	Cereals Containing Gluten	Crustacean	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Syrups															
Sugar Free Vanilla (30ml)	4														
Sugar Free Hazelnut (30ml)	5										✓	✓			
Sugar Free Caramel (30ml)	6														
Toppings															
Marshmallows (20g portion)	66							✓*						✓*	
Aerosol Cream (25g portion)	74							✓							

Customer Notice: We cannot guarantee that our products are free from allergens, as we use shared equipment in our café and kitchen site operations. Some of our products may have been produced in areas where allergens are present.