“Fun for the kids this half term.”

October Half Term 2019
28th October – 1st November

Malden Centre
020 8336 7770

www.placesleisure.org/malden
### Junior workshops

**Monday 28th October – Friday 1st November**

<table>
<thead>
<tr>
<th>Course</th>
<th>Age</th>
<th>Day</th>
<th>Time</th>
<th>Location</th>
<th>Fee</th>
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</thead>
<tbody>
<tr>
<td><strong>MINI WORKSHOPS</strong></td>
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<tr>
<td>A variety of activities to keep your child entertained. Activities could include arts &amp; crafts, baking, fun play &amp; story telling.</td>
<td>3 - 7yrs</td>
<td>Mon - Fri</td>
<td>09.30am - 11.30am</td>
<td>Creche</td>
<td>£12.00 per session</td>
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<tr>
<td><strong>TRAMPOLINING</strong></td>
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<tr>
<td>Come and try trampolining. This course is designed to help your child gain confidence on the trampoline. Please wear socks and no jewellery.</td>
<td>2 - 4yrs</td>
<td>Mon, Tues, Thurs &amp; Fri</td>
<td>10.00am - 10.30am</td>
<td>Main Hall</td>
<td>£16.00</td>
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<tr>
<td></td>
<td>2 - 4yrs</td>
<td>Mon, Tues, Thurs &amp; Fri</td>
<td>10.30am - 11.00am</td>
<td>Main Hall</td>
<td>£16.00</td>
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<td></td>
<td>4 - 6yrs</td>
<td>Mon, Tues, Thurs &amp; Fri</td>
<td>11.00am - 12.00pm</td>
<td>Main Hall</td>
<td>£28.00</td>
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<td></td>
<td>7yrs+</td>
<td>Mon, Tues, Thurs &amp; Fri</td>
<td>12.00pm - 1.00pm</td>
<td>Main Hall</td>
<td>£28.00</td>
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<tr>
<td><strong>GYMNASTICS TASTER</strong></td>
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<td>A fun course incorporating hand apparatus and gymnastics equipment. Working towards balance, flexibility, strength &amp; co-ordination.</td>
<td>4 - 6yrs</td>
<td>Thurs</td>
<td>1.30pm - 2.30pm</td>
<td>Main Hall</td>
<td>£6.00</td>
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<tr>
<td></td>
<td>7yrs+</td>
<td>Thurs</td>
<td>2.30pm - 3.30pm</td>
<td>Main Hall</td>
<td>£6.00</td>
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<tr>
<td><strong>COMIC CAMP TASTER</strong></td>
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<td>Are your children fans of superheroes and villians? Are they mad about Manga? If yes, we invite them to come along for an opportunity to learn and practice comic storytelling. There will be a chance to explore drawing skills, creating characters, experimenting with layout and investigating comic strips.</td>
<td>7yrs+</td>
<td>Fri</td>
<td>2.30pm - 5.00pm</td>
<td>Room 1</td>
<td>£15.00</td>
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</tbody>
</table>
Intensive Courses  
**Monday 28th October – Friday 1st November**  
£42.60 Non-member / £38.35. Please check ability guide before enrolling.

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**Teaching Pool**

Child Beginners (Stage 2)  
8.00am - 8.30am

Child Improver (Stage 3)  
8.00am - 8.30am

Child Beginners (5yrs+)  
8.30am - 9.00am

Pre-School 3-4yrs  
9.00am - 9.30am

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**Main Pool**

Junior Beginners (7yrs+)  
09.30am - 10.00am

Butterfly/Breaststroke Clinic (Stage 4+)  
09.30am - 10.00am

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**Swimming Ability Guide**

**All Beginner classes**

For children who are non swimmers and those who cannot swim 5metres unaided. Booking is done according to age either 3-4yrs, child 5yrs+ or juniors 8yrs+.

**Child Improver**

For children who can swim 5m front crawl and backstroke unaided. Equivalent to Stage 3 or 4 t/p, to develop stroke technique and breathing before moving to the main pool.

**Junior Beginners (7yrs+)**

For juniors who are non-swimmers and those who cannot swim 5 meters unaided.

**Butterfly/Breaststroke Clinic**

Is your child struggling to move up a stage as they can’t co-ordinate their breaststroke and don’t know how to do butterfly. This clinic focuses on developing stroke technique and introducing timing and breathing. Children MUST be deep water confident. For children who can swim 25m front crawl and backstroke and can do 10m dolphin and understand the components of breaststroke.
Join us this October Half Term at your local Fit For Sport...

We cater for every child’s interests:

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*Themed activities   *Arts & crafts   *Parachute Games

*Athletics   *Talent Shows & much much more!

*Book your place now to secure preferential prices!

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