

# Junior Section

## Fun French

### Fun French

These classes are designed to introduce your child to French through lively games, songs and activities so they can gain a good accent and have fun at the same time. The classes are taught by a native French lady. Each week will include: activity work sheets, games and songs based on a different topic. Please make sure you book the correct class – according to your child's age.

Babies and young children have an insatiable appetite to learn and communicate, as long as the exchange they have is full of meaning, and is fun!

Learning a second language early in life enhances overall memory skills and improves brain development. Studies have shown repeatedly that foreign language learning increases critical thinking skills, creativity, problem-solving skills and flexibility of mind in young children. Children who are learning a foreign language out score their non-foreign language learning peers in the verbal and, surprisingly to some, the maths sections of standardised tests.

- ✔ Wonderful head start - children will not struggle when starting a language at school. They will be confident and well ahead of their peers
- ✔ Native and authentic accent
- ✔ Grow and develop socially in a group activity
- ✔ Chance to explore another culture - Have fun as a family when learning together (such as in our Parent & Toddler group)
- ✔ Gaining confidence in a foreign language broadens their future choices

### Fun French (3-6 yrs)

#### Moyens - 40 minute session

(Both groups are the same level, only difference is the time). Fun worksheets (colouring and drawing). Games, singing and dancing. Different topics each half term.

### Fun French (7-11 yrs)

#### Grands - 40 minute session

Songs, language games, role play, activity worksheets - colouring/ drawing and some writing required.

Course Title	Day	Time	Start Date	End Date	Wks	Full Fee	Tutor
<b>Fun French 3-6yrs Moyens</b>	Sat	9.30-10.10	14-Sep	14-Dec	13	£67.00	C Matthews
	Sat	9.30-10.10	11-Jan	04-Apr	12	£62.00	C Matthews
	Sat	9.30-10.10	25-Apr	11-Jul	11	£57.00	C Matthews
<b>Fun French 3-6yrs Moyens</b>	Sat	10.10-10.50	14-Sep	14-Dec	13	£67.00	C Matthews
	Sat	10.10-10.50	11-Jan	04-Apr	12	£62.00	C Matthews
	Sat	10.10-10.50	25-Apr	11-Jul	11	£57.00	C Matthews
<b>Fun French 7-11yrs Grands</b>	Sat	10.50-11.30	14-Sep	14-Dec	13	£67.00	C Matthews
	Sat	10.50-11.30	11-Jan	04-Apr	12	£62.00	C Matthews
	Sat	10.50-11.30	25-Apr	11-Jul	11	£57.00	C Matthews

## Pottery

### 7yrs+ Junior Beginners & Improvers

Learn and enjoy working with clay. Children will make pots by hand-building methods before learning to work on the wheel. Decorating with slips and glazes will also be covered. A small charge is made to cover the cost of materials and firings. Numbers are limited, so book early.

Course Title	Day	Time	Start Date	End Date	Wks	Full Fee	Tutor
7yrs+ Junior Beginners & Improvers	Tues	16.15-17.45	17-Sep	15-Oct	5	£55.00	C Matheson
	Tues	16.15-17.45	05-Nov	03-Dec	5	£55.00	C Matheson
	Tues	16.15-17.45	14-Jan	11-Feb	5	£55.00	C Matheson
	Tues	16.15-17.45	25-Feb	24-Mar	5	£55.00	C Matheson
	Tues	16.15-17.45	21-Apr	19-May	5	£55.00	C Matheson
	Tues	16.15-17.45	02-Jun	30-Jun	5	£55.00	C Matheson
	Thurs	16.15-17.45	19-Sep	17-Oct	5	£55.00	C Matheson
	Thurs	16.15-17.45	07-Nov	05-Dec	5	£55.00	C Matheson
	Thurs	16.15-17.45	16-Jan	13-Feb	5	£55.00	C Matheson
	Thurs	16.15-17.45	27-Feb	26-Mar	5	£55.00	C Matheson
	Thurs	16.15-17.45	23-Apr	21-May	5	£55.00	C Matheson
	Thurs	16.15-17.45	04-Jun	02-Jul	5	£55.00	C Matheson

Junior Section

Pottery

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# Sport & Fitness

### Football Skills (4 –7yrs)

An action packed session of footballing skills taught by our FA Qualified Football Coaches. You'll dribble, tackle, pass and shoot – but will you score a goal in our non-stop, small sided games.

### Trampolining (4yrs+)

These courses are designed to help your child gain confidence on the trampoline and to progress through the Trampoline Proficiency Award Scheme, which we progress weekly. Beginners classes cover Awards 1-5. Intermediate classes cover Awards 6-10. Please wear socks and suitable sports wear. Jewellery must not be worn.

### Dance

#### Modern Jazz (4-6yrs & 6-8yrs)

Jazz dance combines techniques of classical ballet and modern dance. Jazz also has its own movement vocabulary ranging from the isolation of certain body parts to the movement of the entire body with the accents of musical rhythms. Jazz classes can be a combination of emphasis, energy, rhythmical accuracy, and style.

Class format consists of a warm-up to enhance core strengthening, balance, and extensions through isolations, rhythmic exercises, and floor stretches. Class includes across the floor patterns, short dance routines.

### Gymnastics (4yrs+)

#### Beginners Gymnastics

An introduction to gymnastics working towards the British Gymnastics Proficiency Awards 8, 7, 6 and 5. Children develop their co-ordination, confidence, balance, suppleness and strength. Children should wear suitable clothing, long hair must be tied back and no jewellery to be worn.

#### Intermediate Gymnastics

This follows the beginners course and works on more advanced gymnastics skills. Children continue to work through the British Gymnastics Proficiency Awards 4, 3, 2 and 1. Children should wear suitable clothing, long hair must be tied back and no jewellery to be worn.

### Tae Kwon Do

Tae Kwon Do (ITF) is a scientific martial art using the body, utilising every available blocking and attacking tool to bring about the controlled elimination of one's opponent. The class is open to students of all abilities – from beginners to advanced level. The classes are run by a 6th Degree International Instructor. Students from 8 years old onwards are welcome.

### Tigers Club

In today's world it continues to be important for children to learn respect, courtesy and self discipline. Our martial arts classes teach much more than kicking and punching. We teach life skills. Students from 4 years old to 9 years old are welcome.

Course Title	Day	Time	Start Date	End Date	Wks	Full Fee	Tutor
<b>Football Skills</b> 4-5yrs	Wed	16.15-17.00	11-Sep	18-Dec	14	£68.00	W Baker
	Wed	16.15-17.00	08-Jan	01-Apr	12	£59.00	W Baker
	Wed	16.15-17.00	22-Apr	15-Jul	12	£59.00	W Baker
<b>Football Skills</b> 5-7yrs	Wed	17.00-18.00	11-Sep	18-Dec	14	£79.00	W Baker
	Wed	17.00-18.00	08-Jan	01-Apr	12	£67.00	W Baker
	Wed	17.00-18.00	22-Apr	15-Jul	12	£67.00	W Baker

## Trampolining

<b>Junior Beginner Trampolining</b> 4-7yrs	Mon	15.45-16.30				£26 per month	B Lumb
<b>Junior Beginner Trampolining</b> 6-8yrs+	Mon	16.30-17.15	Our Trampolining classes run for 45 weeks in the year. Enrollment is via our Waiting List and you will be required to pay via monthly Direct Debit			£26 per month	B Lumb
<b>Junior Intermediate Trampolining</b> 5yrs+	Mon	17.15-18.15				£31 per month	B Lumb
<b>Junior Beginner Trampolining</b> 4-7yrs	Tues	15.45-16.30				£26 per month	B Lumb
<b>Junior Beginner Trampolining</b> 6-8yrs+	Tues	16.30-17.15				£26 per month	B Lumb

## Gymnastics

<b>Gymnastics Beginners</b> 4-6yrs	Thurs	15.45-16.15				£19 per month	K Denny
<b>Gymnastics Beginners</b> 6-8yrs	Thurs	16.15-17.00	Our Gymnastics classes run for 45 weeks in the year. Enrolment is via our Waiting List and you will be required to pay via monthly Direct Debit			£23 per month	K Denny
<b>Gymnastics Intermediates</b>	Thurs	17.00-18.00				£26 per month	K Denny
<b>Gymnastics Beginners</b> 4-6yrs	Fri	16.00-16.45				£23 per month	G. Elliott
<b>Gymnastics Beginners</b> 6-8yrs	Fri	16.45-17.30				£23 per month	G. Elliott

## Martial Arts

<b>Tae Kwon Do</b> 8yrs+	Sat	15.30-16.15	14-Sep	14-Dec	13	£75.00	U Vijapura
	Sat	15.30-16.15	11-Jan	04-Apr	12	£69.00	U Vijapura
	Sat	15.30-16.15	02-May	04-Jul	9	£52.00	U Vijapura
<b>Tigers Club</b> 4-9yrs	Sat	16.15-18.00	14-Sep	14-Dec	13	£108.00	U Vijapura
	Sat	16.15-18.00	11-Jan	04-Apr	12	£100.00	U Vijapura
	Sat	16.15-18.00	02-May	04-Jul	9	£75.00	U Vijapura

## Dance

<b>Modern Jazz</b> 4-6yrs	Wed	16.15-17.00	11-Sep	18-Dec	14	£68.00	C Galbiati
	Wed	16.15-17.00	08-Jan	01-Apr	12	£59.00	C Galbiati
	Wed	16.15-17.00	22-Apr	15-Jul	12	£59.00	C Galbiati
<b>Modern Jazz</b> 6-8yrs	Wed	17.00-18.00	11-Sep	18-Dec	14	£79.00	C Galbiati
	Wed	17.00-18.00	08-Jan	01-Apr	12	£67.00	C Galbiati
	Wed	17.00-18.00	22-Apr	15-Jul	12	£67.00	C Galbiati

# Birthday Parties

## Active Tots (Bouncy Castle Party)

Enjoy a fun packed hour with lots of games & our small Bouncy Castle. We will be playing musical games & soft play. 0-5yrs

## Active Bounce (Large Bouncy Castle Party)

Enjoy a fun packed hour with lots of games and our large bouncy castle. We will be playing musical games and getting active with our parachute. 5-9yrs

## Footy Party

Enjoy an hour of Football fun including games, a mini match and a penalty shootout!! Our Football Parties are suitable for children aged 5-9yrs.

## Fitness Fun Party

Enjoy this fun packed Party which includes a wide range of activities including the parachute, relays, traditional party games and lots more. Keeping active has never been so much fun. 5-9yrs.

## Inflatable Pool Party (Large Pool)

Can you master the inflatable challenge? Take on the challenge; race your mates and have a splashing time. See who will reign supreme! The children must be 8yrs+ and we advise them to be confident in the water, all participants are provided with life jackets.

## Pottery Party

Enjoy 2 hours clay modelling in our pottery studio with qualified instructor. Everything you create will be professionally fired and glazed, ready for collection 2-3 weeks after the party. Suitable for children aged 7yrs+, Maximum 12 children.

**Call reception on 020 8336 7770  
for more details.**



## 10% Off any Children's Birthday Party

At The Malden Centre

\*Valid until July 31st 2020

Bring this voucher into the Centre and book at Reception or quote code: BP2020 when booking over the phone or online.

# Crèche

## Crèche Opening Hours – Term Time

**Monday – Friday** 9.15 – 12.30 and 13.00 – 15.00

*The crèche welcomes children from the age of 6 months.*

The crèche may be able to take children whose parent/guardian is attending a lunch time course.

Please ensure prior arrangements have been made with the Crèche Manager.

## Bookings & Enquiries

Places must be booked in advance. Telephone 020 8336 7787 and ask for the Crèche Supervisor during term time. At holiday periods messages and enrolment forms may be left at reception.

## Crèche Availability

Crèche places are limited. Please check availability before booking a course or activity. Parents/guardians attending courses at the Malden Centre should book and pay for a term in advance. The Crèche is also available for parents/guardians wishing to swim or use the gym or other facilities at the centre on an hourly basis.

# General Information

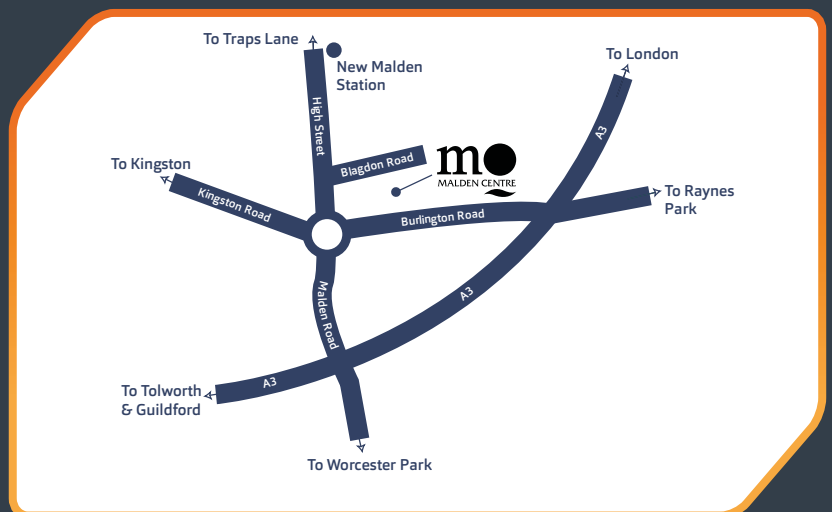
The Malden Centre is situated close to both the main line train and bus terminals. For motorists, the Centre is just 2 minutes from the A3 and there is ample car parking both on site and within a municipal car park opposite.

## Parking

Entry via Blagdon Road just off New Malden High Street (first right from Fountain roundabout). Surface car park Pay and Display Monday to Saturday, free before 8.00am, after 6.30pm and all day Sunday. Multistorey Pay & Display free from 6pm Monday to Saturday, closing at 10.00pm weekdays, 6.30pm Saturdays. Please note, both car parks are managed by Royal Borough of Kingston, not the Malden Centre.

## Refund Policy

- Please see your Enrolment Form for the full Terms & Conditions.



# Malden Centre



## Join the Malden Centre on a Premium Membership and enjoy:

- ✔ **Gym** - Break a sweat in our fully kitted out gym with state of the art equipment.
- ✔ **Women's Only Exercise Club** - Try out our exclusive women's only gym.
- ✔ **Swim** - Take a dip in our 25 Metre Pool
- ✔ **Classes** - Don't work out alone... Our classes are included in the price of your membership! You'll have lots of classes each week to choose from, ranging from Studio Cycling to Body Pump to Zumba!

## Free 5 day pass

Try the gym, swimming  
and classes completely  
free for 5 consecutive days!

**Malden Centre**  
**020 8336 7770**