



How to play Padel.

We want as many people as possible to enjoy this fun, active and sociable sport. If you are new to Padel, follow our simple rules of play below.

Before you start

- Padel is usually played as a doubles game although it can be played as singles.
- Padel rackets and balls are available to hire from our reception.

Scoring

- Scoring in Padel is the same as in tennis. That means the points go up as follows; 15, 30, 40 and game and deuce is 40-40.
- Matches are made up of 3 sets, with each set made up of six games. The winners of two out of the three sets will be declared winners of the Padel match.

Serving

- Each match begins with a serve, which must be done underarm but like tennis must go diagonally into the opponent's court.
- The server must allow the ball to bounce once before hitting it and the ball must be hit below waist level.
- The server must keep at least one foot on the ground when hitting the serve. Their feet must not touch or cross the service line during the serve.
- When the serve lands, it must be in the opponent's service box. If the ball bounces in the box and then strikes a wall, it is still considered a valid serve and must be played by the opposing player. Hitting the wire fencing however is considered a fault.

Play

- Court lines are considered in play ONLY during the initial serve. After this, they are not a factor in determining the outcome of each point in the game.
- All players are permitted to play a ball off any walls on their own side of the court.
- The ball can be taken out of the air by any player during play but not on the initial serve or return of serve.

Points

- The opposition wins a point when any of the following occurs:
 - The ball bounces twice.
 - The ball strikes you or a teammate.
 - The ball hits the wire fencing or another fixture before going over the net or going into the opponent's court (classed as out of bounds)